

FORM – 'M'
(See rule 14)

NOTICE OF HOURS OF WORK, REST-INTERVAL, WEEKLY HOLIDAY

Name and address of the Establishment: SEAMEC LIMITED, A 901-905, 9TH FLOOR, 215 ATRIUM, ANDHERI KURLA ROAD, ANDHERI EAST MUMBAI-400 093

Name of the Manager/Authorized representative.: MR. S.N. MOHANTY

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below: -

Sr. No. (1)	Name of worker (2)	Designation (3)	Hours of Work from to..... (4)	Rest interval Between 1:00 to 2:00 PM for 30 minutes (5)	Day of weekly holiday (6)
1.	S.N. MOHANTY	PRESIDENT (CORPORATE AFFAIRS, LEGAL AND COMPANY SECRETARY)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
2.	NAVEEN MOHTA	PRESIDENT (OPERATIONS AND COMMERCIAL)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
3.	K.T. THOMAS	GENERAL MANAGER (OPERATIONS)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
4.	VINAY KUMAR AGARWAL	CHIEF FINANCIAL OFFICER	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
5.	BRYAN D'SA	GENERAL MANAGER (PROJECTS AND TECHNICAL)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
6.	SHAILESH SHETTY	Sr.DGM (TECHNICAL)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
7.	K. K. NEVATIA	DGM (HR AND ADMIN)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
8.	RAJESH PRASAD	DGM (TECHNICAL AND PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
9.	RAVINDRA SHETTY	DGM (DIVING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
10.	DIPTI SANGHAVI	SR. MANAGER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
11.	JOANITA RODRIGUES	MANAGER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
12.	SONJOY SARKAR	MANAGER (IT)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
13.	VINAY SOMANI	MANAGER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
14.	SNEHA VALEJA	ASSISTANT MANAGER (CS)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
15.	MEDHA KHALE	ASSISTANT MANAGER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
16.	JENNIFER CARDOZ	SECRETARY TO PRESIDENT (CORP. AFFAIRS, LEGAL & CS)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
17.	ARPARA BHAR	SECRETARY TO PRESIDENT & CFO	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
18.	YAHODHA POOJARY	SR. OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
19.	SURESH NAIR	SR. OFFICER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
20.	HAZEL GONSALVES	SR. OFFICER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
21.	CHARANJIV MAKHIJA	SR. OFFICER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
22.	RAMPRAVESH CHAND	SR. OFFICER (IT)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY

Date: 3rd September 2019

Place: Mumbai

Signature of the Manager or Authorized representative



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Name and address of the Establishment: SEAMEC LIMITED, A 901-905, 9TH FLOOR, 215 ATRIUM, ANDHERI KURLA ROAD, ANDHERI EAST MUMBAI-400 093

Name of the Manager/Authorized representative.: MR, S. N. MOHANTY

All the workers in the establishment are hereby informed that the hours of work, rest-interval and weekly holiday of each worker is given below: -

Sr. No.	Name of worker	Designation	Hours of Work from to.....	Rest interval Between 1:00 to 2:00 PM for 30 minutes	Day of weekly holiday
(1)	(2)	(3)	(4)	(5)	(6)
23.	VINAY KANOJIYA	SR. OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
24.	BOBBY SAMUEL	LIAISON OFFICER	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
25.	TIRTHANKAR DEY	SR. OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
26.	SAVITA KARKERA	OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
27.	VINIT BHATYE	OFFICER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
28.	SHRIRAM SURVE	OFFICER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
29.	SURESH MOGAVEERA	OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
30.	SHEKHAR MUKNAK	OFICER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
31.	SUBHA NARAYANAN	OFFICER (QHSE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
32.	GANESH NIKAM	OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
33.	GAURI KHANVILKAR	OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
34.	PRADEEP TIWARI	JR. OFFICER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
35.	AMOL GAIKWAD	JR. OFFICER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
36.	YATIN GAWADE	JR. OFFICER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
37.	SHAZIYA KHAN	HR AND ADMIN EXECUTIVE	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
38.	DARSHANA SONTAKKE	RECEPTIONIST	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
39.	BHARGAV DHARNE	RUNNER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
40.	ANKUSH TAMBE	RUNNER (CREWING)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
41.	SHEKHAR WORLIKAR	RUNNER (F&A)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
42.	RATNAKR PRADHAN	RUNNER (PURCHASE)	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
43.	SATISH SONAWANE	DRIVER	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY
44.	SANJAY RATHOD	DRIVER	FELXI HOURS BETWEEN 9:00 AM TO 10:30AM (MINIMUM 8 HOURS WITH 30 MINUTES LUNCH)	"	SATURDAY & SUNDAY

Date: 3RD September 2019

Place: Mumbai

Signature of the Manager or Authorized representative.

